



# Step into September

## YBTC challenge!

### STEP TRACKER!

Keep track of your daily steps with this handy table!

01 <sup>st</sup> Sept	02 <sup>nd</sup> Sept	03 <sup>rd</sup> Sept	04 <sup>th</sup> Sept	05 <sup>th</sup> Sept	06 <sup>th</sup> Sept
07 <sup>th</sup> Sept	08 <sup>th</sup> Sept	09 <sup>th</sup> Sept	10 <sup>th</sup> Sept	11 <sup>th</sup> Sept	12 <sup>th</sup> Sept
13 <sup>th</sup> Sept	14 <sup>th</sup> Sept	15 <sup>th</sup> Sept	16 <sup>th</sup> Sept	17 <sup>th</sup> Sept	18 <sup>th</sup> Sept
19 <sup>th</sup> Sept	20 <sup>th</sup> Sept	21 <sup>st</sup> Sept	22 <sup>nd</sup> Sept		24 <sup>th</sup> Sept
25 <sup>th</sup> Sept	26 <sup>th</sup> Sept	27 <sup>th</sup> Sept	28 <sup>th</sup> Sept	29 <sup>th</sup> Sept	30 <sup>th</sup> Sept

share your story with us:    @YorkshireBTC

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**yorkshire's**  
**brain tumour**  
**charity!**

