

www.yorksbtc.org.uk

**Yorkshire's
brain tumour
charity!**

IT'S OUR...
BIRTHDAY!

18TH

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YBTC Newsletter
Nov 2020

**hello from Yorkshire's
Brain Tumour Charity!**

Welcome to our February 2021 Newsletter

We're also thrilled to announce that this month marks our 18th year as a registered charity. To celebrate our big birthday, we've got a whole selection of events and challenges lined up, so keep reading to find out how you can get involved!

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Enter our 18th Birthday Quiz!

yorkshire's brain tumour charity!
IT'S OUR... BIRTHDAY!
18TH
friday 12th february
18th birthday quiz!
join us on Zoom at 6:30pm for a fun filled evening of quiz questions, party games and prizes.
the best party hat wins a prize!
£5 per household

Everyone else is having lockdown birthdays and we are no different! Yorkshire's Brain Tumour Charity turns 18 on the 12th February. To celebrate, we are hosting an 18th Birthday Quiz that night. We have a new style quiz all lined up, interactive party games and prizes for the best party hat! Don't miss out...it only costs £5 per household, with all proceeds going to life-changing research and patient support. The fun starts at 6:30pm, hopefully we'll see you there! Get your party ticket [here](#).

Join the 1.8 Challenge!

yorkshire's brain tumour charity!
BIRTHDAY CHALLENGE!
1.8
join us throughout february and pick your own virtual challenge...
fundraise or donate
remember to tell everyone about it!

This is a virtual challenge where we are asking you to dream up an activity based around the numbers 1.8 or 18 and raise vital funds for YBTC. It is open to anyone of any age, but we do ask that the activity chosen follows the current Government guidelines. The challenge launches on Monday 1st February and runs throughout the month. Your challenge could be anything from reading 18 books that month, or dancing around your room for 18 minutes every day, to doing 18 individual challenges on the 12th February - for our birthday!

Team YBTC 1.8 Challenges



If you're stuck for ideas, why not support the YBTC team instead? Members of the YBTC team have committed to their own individual 1.8 challenges - Marie is dancing for 18 minutes every day, Kate is doing an 18 minute silence each day and Noemie is aiming to lose 1.8lbs every week! You can donate to the team's [JustGiving Page](#).

Get Out Your Flat Caps!

loving fundraising £
ey up!
take part in... flat cap friday
any Friday in March and support brain tumour awareness month
#flatcapfriday

As part of Brain Tumour Awareness Month in March, the team at YBTC are inviting you, your friends and family to grab a flat cap and take part in #flatcapfriday to raise awareness across Yorkshire and beyond. We have lots of fun ideas and resources to help you. It can be as simple or as creative as you like. Get your thinking caps on and share your ideas with us. Dig out your flat cap, or design your own, take a selfie and share it with us @ YorkshireBTC.

You can donate online [here](#) or by texting FLATCAPFRIDAY followed by the amount you wish to donate to 70085, e.g.FLATCAPFRIDAY3 to donate £3.

Texts cost your donation, plus one standard rate message and you will be opting in to hear more about our work and fundraising via telephone and SMS. If you would like to donate but do not wish to receive marketing communications, text FLATCAPFRIDAYNOINFO followed by your donation amount to 70085.

Read more about our #flatcapfriday campaign and get everything you need to take part by visiting our [website](#).

Active Events



**Big Bike!
challenge**
YBTC event!

Sunday 9th May
York Cycle Circuit
entry 11:30 • race starts 12:00
(last lap 16:00)

solo cyclists and teams (up to 10) welcome

to register contact
kate@yorksbtc.org.uk 07746161589

If you want something to look forward to, why not sign up for one of our active events? We have lots of exciting events taking place from April onwards, and you don't want to miss out!

There's our 18th Birthday Sky Dive on the 17th April. [Learn more.](#)

And our FIRST Big Bike Challenge on the 9th May. [Learn more.](#)

If you need more information, just drop Kate an email on kate@yorksbtc.org.uk

Co-op Local Community Fund



We're part of the
Co-op Local Community Fund

**Select us as
your cause**

coop.co.uk/membership

YBTC are delighted to announce that we have been chosen by the Co-op Local Community Fund scheme to be one of their charities supported at three of their outlets: Co-op Cardigan Road in Headingley, Leeds Universities Student Union and the Co-op Funeralcare in Headingley, Leeds. And the great news is that, if you sign up to be a member at the Co-op and select YBTC as your charity, you can raise funds for us every time you shop in any of their stores. Become a member today and choose YBTC as your nominated charity by simply joining [online](#) or via the Co-op App.

Visit our [charity page](#) and select YBTC as your chosen charity. For every £1 you spend on selected Co-op products and services, 2p will go back to you. Plus, the same will be donated, every time you shop, until October 2021.

Co-op Members have already raised £764.76 for YBTC!

Beefy Foundation Dinner



PRESENTS

Botham's Ashes 40th Anniversary Dinner

SIR IAN BOTHAM OBE
featuring all members of the England 1981 team

Hosted by **DAVID GOWER**
and **IAN STAFFORD**

15TH JULY 2021
18.45 DRINKS RECEPTION
19.30 START | 23.00 ENDS

at **HEADINGLEY STADIUM**
ST MICHAEL'S LANE,
HEADINGLEY, LEEDS, LS6 3BR

**3 COURSE DINNER & WINE,
FOOTAGE AND NUMEROUS
INTERVIEWS WITH THE STARS**



TICKETS

£150 + VAT for Members
£1,400 + VAT for Tables of 10

—

£180 + VAT for Non Members
£1,700 + VAT for Tables of 10

Please note VAT is 5% until March 31st 2021
thereafter it will be 20%



We will also be fundraising for
Sir Ian's incredible charity, the
BEEFY FOUNDATION

FOR FURTHER INFORMATION
Please call Tina Thomas on 07825 829 184
or e-mail tina@thesportingclub.co
www.thesportingclub.co/events

YBTC are delighted to be one of Sir Ian Botham's chosen charities. His incredible charitable foundation, aptly named the 'Beefy Foundation', supports various charities, all doing amazing things. In 2021, the Beefy Foundation are celebrating the 40th anniversary of the famous 1981 Ashes win. This will include a portfolio of dinners across the country to raise funds.

We're very excited that this is coming to Headingley Stadium in Leeds on 15th July. If you would like to attend, please contact The Sporting Club to purchase your tickets. This once in a lifetime event is sure to be popular with cricket fans!

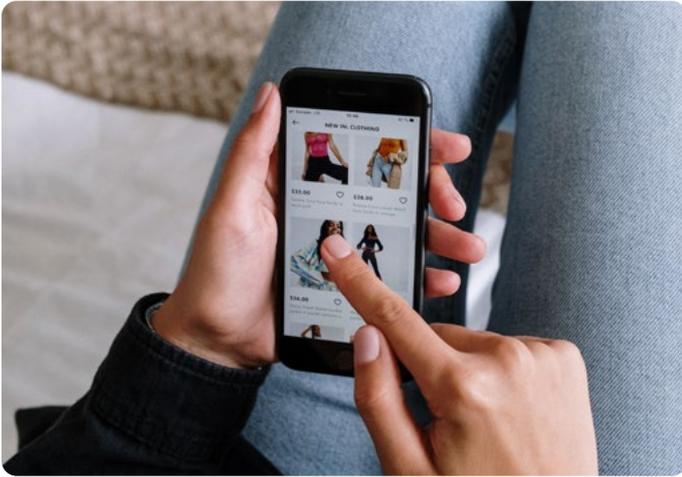
The 1.8 Auction



To celebrate our birthday, we are auctioning some amazing Yorkshire Memorabilia - from signed rugby and world darts tops, to local artwork and Emmerdale goodies - and some generously donated hampers! Every penny raised will go towards life changing research and patient support - so please dig deep!

The auction launches on 1st February and runs throughout the month. Click [here](#) to see what's on offer.

Depop Shop



Whilst our shop at No. 31 in Headingley may be currently closed due to restrictions, that doesn't stop our fabulous sales team! We've launched our online Depop shop, selling great quality, preloved garments. For those not familiar with this fashion marketplace app, it's a great place for us to sell more unique items and we are so excited to be part of the community.

Click [here](#) to see the Depop shop.

The YBTC Support Team Grows

YBTC is very keen to build on the excellent work we do to support people based in Yorkshire suffering with a brain tumour, their carers and families impacted by this devastating disease. Our counselling service is a key part of this, offering psychological support when needed.

We are very aware that 15 people a week living in Yorkshire are given a brain tumour diagnosis and we know that our confidential counselling service currently isn't reaching as many people as we could, and so the provision is being increased, and we are very excited to have Laura Griffiths joining YBTC as a Support Services Counsellor.



Laura's role will be to provide counselling and psychological support to patients, family members and carers across Yorkshire, with an initial focus on the Wakefield and Kirklees area. This will be face to face, online and over the telephone - one thing lockdown has revealed is how effective online communication can be, and whilst online or telephone counselling certainly won't be for everyone, as some people prefer to be in the room with a Counsellor, it does open up more opportunities for those who

may not be able to travel easily, or are time poor, and support received in this way is just as effective.

We are also looking to expand our patient and bereavement support groups across the region - and Laura is looking forward to being involved in getting this valuable support out to more people, over time.



Paula Dalton will continue in her role as a Counsellor for the Leeds area, but has also officially joined the team as a Services Coordinator to work alongside Christine to offer support to anyone affected by a brain tumour through our telephone clinics, referrals to support services and patient grants.

We are delighted to officially welcome them both to the team.

Support for Leeds Children's Wards



Patrick Cox, a Programme Delivery Manager for Northern Trains Ltd. based in Leeds, has taken on the huge and much needed task of supporting two wards at The Leeds Children's Hospital following his daughter, Caitlin's, diagnosis with a Grade 1 Brain Tumour. In partnership with Will's Way, a YBTC fund, together, they work to support patients and their families while also providing financial assistance for people whose circumstances have changed due to a brain tumour diagnosis.

If anyone is interested in supporting Patrick's fundraising, please email jo@yorksbtcc.org.uk.

The Brain Tissue Bank Launches in Leeds

Researchers in Yorkshire are now better resourced thanks to a brand new Brain Tumour Tissue Bank launched in Leeds this month. The project enables improved collaboration locally and nationally, providing state-of-the-art resources to collect, examine and conserve fresh tissue samples to find treatments and ultimately moving us closer to a cure for brain cancer.



Headed by biomedical scientist Steven Pollock, he told us, "I am looking forward to bringing my knowledge back home to Leeds and being part of this fantastic project. [...] My hope is that we can accelerate the understanding in this area and make a real difference to those affected by brain cancer both now and in the future."

The Leeds Tissue Bank is a collaboration between Leeds Teaching Hospitals NHS Trust, which will collect the tissue samples, and the University of Leeds, which will process, store and distribute the samples for use in medical research.

Dr Lucy Stead, Head of Glioma Genomics at the University of Leeds and the researcher responsible for opening the Leeds Tissue Bank, said, "To understand human disease, we need to learn from patient tissue. This tissue bank will facilitate a large range of brain cancer research in Leeds, and beyond, and help us advance towards finding a cure."

The Tissue Bank gives hope to thousands of families experiencing this devastating disease.

YBTC are proud to be funding 50% of the project.

**please remember
we are here for you**



Our Support Team are working harder than ever to make sure that we are here for you.

Do keep an eye on our [website](#) for a full list of the services we offer, including counselling, hypnotherapy, support groups and our Friends Support Line.

To find out more, call our Support Team on 0113 340 0111 or email support@yorksbtc.org.uk

www.yorksbtc.org.uk

